



Laser Hair Removal

Looking for silky smooth, hair free skin? Put aside the tweezers, forget waiting for waxing and ditch the razor for laser.

Invest in a better solution with the long-lasting, confidence-boosting benefits of laser hair removal.

Effectively treating unwanted hair, virtually anywhere on your face and body, Laser Hair Removal is a popular choice for many people. No more feeling self-conscious about your annoying hairs, less time plucking, waxing and shaving, and a lot more confidence in your appearance.

How do I know its right for me?

During an initial consultation we'll discuss your hair growth concerns, complete a medical questionnaire and, if you feel you want to go ahead, we'll also do a patch test. This patch test allows you to experience how the laser will feel during the treatment and it confirms that it is safe for your skin. This initial consultation is the perfect time to ask lots of questions and decide if you want to book a full treatment.

How does Laser hair removal work?

Pulses of light energy are used to heat the hair growth area which causes disruption of the cells at the follicle base where the hairs form. The result is a significant reduction in hairs re growing after just a few treatments.

Will my hair grow back after my first treatment?

The hairs that are in their active growth stage are treated at each session. In between treatments some of your other hair will grow back as these previously dormant hairs come into their growth phase. As your treatment course progresses you will notice fewer hairs appearing and these will be finer than before and slower to grow. You can shave the area as often as you feel the need between sessions.

Are maintenance treatments necessary?

Each person is unique, but many find that maintenance treatments done once or twice a year are ideal for maintaining results after completing the initial treatment course.

Does laser hair removal hurt?

The latest technology enables hairs to be treated safely, more effectively, and with less discomfort than with other technologies that have been traditionally used. Although the skin is cooled, laser light produces heat, so you will feel some sensation during your treatment. Some areas of the body are understandably more sensitive than others but these areas are treated very carefully.

What happens to the skin after laser hair removal?

Your skin may be a little pink after treatment and this is a normal reaction. The colour change is due to the area being heated and it is very temporary.

How should I treat my skin after a laser hair removal treatment?

Treat your skin with care, but you're fine to carry on with your day. Full after care advice will be given as part of your consultation.

How many treatments?

While the number of treatments varies from person to person, and on the area being treated, it's good to have an idea of what to expect from the beginning.

Most people find they need around 6-8 treatments on arms and legs, on bikini and under arm usually 8-10 treatments. Facial areas (in particular upper lip and chin) can be more stubborn and can require more sessions due to the larger number of hair follicles in the skin on the face. It should also be taken into account that people with hormonal imbalances or people who have previously wax may require more sessions.

What areas are treated by laser?

All areas of the face and body; apart from eyebrows, eyelashes, inside ears and inside nostrils.

Can I have laser hair removal if I have a natural sun tan or fake tan?

No. A tan, whether fake or natural, causes an increase of pigment in your skin and this would increase the risk of damage to your skin.

Who is the best candidate for laser hair removal?

You may be a candidate for laser hair removal if you have:

- Hair that is darker than your skin colour
- Hair that is not reddish or pure white in colour
- No known hyper-sensitivity to light
- No skin sensitivity causing medications

The training and technology that I use can also reduce the growth of very fine, light, gray and red hair, causing the hairs to grow back slower and finer. This is not possible with older technologies; however the results are less dramatic and need much more regular maintenance sessions.

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