



## Microdermabrasion

**If you're looking for instantly smoother skin, this is the treatment for you.**

**Lifting away the surface skin cells and boosting your circulation, Microdermabrasion reveals a brighter, fresher complexion that feels silky smooth and looks fabulously fresh.**

The aging process, environment, uv light, diet, even some of the products we put on can all take a toll on our skin, creating fine lines, wrinkles, and changes in texture and colour. Microdermabrasion smoothes the surface to minimise these imperfections and stimulates collagen production in your new skin.

Microdermabrasion is a simple, yet effective and painless solution for:

- >> Ageing skin
- >> Fine lines and wrinkles
- >> Dull or tired looking complexion
- >> Uneven texture
- >> Dry patches
- >> Pigmentation
- >> Acne
- >> Congested skin and blocked pores
- >> Open pores and pimples
- >> Acne scars

It improves a wide range of skin conditions, reveals radiance and renews natural luminosity. The most popular areas for this treatment are the face, eyes and neck but it can also improve the skin texture on your chest, cleavage, back, upper arms, and hands.

### What is Diamond Tip skin resurfacing?

Diamond Tip skin resurfacing is the latest technology in microdermabrasion. This treatment utilizes a diamond encrusted wand to loosen the surface skin cells and a vacuum suction to gently lift up the dead skin and boost your circulation.

### How will my skin look after the treatment?

Your skin may appear flushed immediately after the treatment, but this usually reduces quickly and should return to normal within an hour or so. It is advisable to leave your skin to settle and treat it gently for 12 – 24 hours.

### How will I benefit from a microdermabrasion?

- >> Rejuvenates skin and boosts the cell renewal process
- >> Lightens age spots on face and body (such as sun spots on the hands)
- >> Smooths fine lines and wrinkles
- >> Unblocks pores
- >> Reduces acne and superficial scars from past injury
- >> Reduces the look of open pores
- >> Improves overall skin health
- >> Creates a smooth base for make up application

### How many treatments will I need?

The recommended number of sessions will vary depending on your skin condition. If you're looking for a quick boost before a special event, this can happen in one treatment. To see a significant, lasting change in the condition of your skin, four to six sessions, spaced one to two weeks apart, is most common with a maintenance treatment every month or two. You will experience softer, smoother skin after the first treatment, and continue to see improvement with additional treatments.

### Is it painful?

The treatment is not painful, most people enjoy the sensation. It's like having your skin spring cleaned. Microdermabrasion is non-invasive, pain-free, and requires no downtime after treatment, just gentle care.

### Are there any contraindications for a microdermabrasion?

- >> Uncontrollable diabetes
- >> Skin cancer
- >> Viral lesions, active herpes simplex
- >> Blood or skin thinning medication

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